

# God Gives Water and Juice

## Lesson 13



**Scripture:** Genesis 1:11-13, 29

**Focus:** ♥ God gives us water and juice.












**Bible Words:** “God gives us food” (based on Psalm 136:25).

### Heart to Heart Teacher Devotion

Many people drink six to eight cups of water a day. Most people drink at least a couple of cups of water a day and would feel thirsty if they didn't. And a person can live only five to seven days without drinking water. Have you ever wondered why God created this need for water in all people?

Although we don't know God's reasons for creating this need in people, maybe we can speculate for a moment. If we never experienced feeling thirsty for water, maybe we would never know what it means to thirst for God. The psalmist says it well, “As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God” (Psalm 42:1, 2).

### Lesson 13 at a Glance

<p><b>ACTIVITY TIME</b></p> <p>Use one or more of these activities to help children <i>explore the theme, God gives us water and juice.</i></p> <p><b>Note:</b> You can find the CD, visual sheets, and board books in the <i>Toddlers &amp; 2s Teacher's Convenience Kit.</i></p>	<p><b>First Hour Unit 3 Activities</b></p> <p>poster, books and puzzles, song</p> <div>  Grocery Store         </div> <div>  Water, Water Everywhere         </div>	<p><b>Materials</b></p> <ul style="list-style-type: none"> <li>• sheet 2 unit 3 poster, sheet 6 unit 3 song poster, <i>God Gives Us Food</i> board book, CD, books and puzzles, CD player</li> <li>• empty juice boxes and water bottles, paper bags</li> <li>• plastic tub, water, towels, plastic aprons, funnels, cups</li> </ul>	<p><b>Extra Hour Unit 3 Activity</b></p> <p> Kitchen Fun</p> <p> “Are You Thirsty?”</p>	<p><b>Materials</b></p> <ul style="list-style-type: none"> <li>• toy food, dishes</li> <li>• CD <i>Family Together Time</i> issue 13</li> </ul>
<p><b>BIBLE TIME</b></p> <p>Help children <i>know that God gives us food and water and juice.</i></p>	<p>Bible Time can be done several ways and whenever best fits your schedule. If you do the longer story on the unit pages, you will need more items.</p>	<ul style="list-style-type: none"> <li>• Teddy the bear puppet, hand mirror, Bible, CD, CD player, empty water bottle, empty juice box</li> </ul>	<p>Bible Time can be done several ways. If you do one of the other story options, you will need different items.</p>	<ul style="list-style-type: none"> <li>• Teddy the bear puppet, Bible, mirror, CD, <i>God Gives Us Food</i> board book, water bottle, CD player</li> </ul>
<p><b>DISCOVERY TIME</b></p> <p>Use one or more of these activities to help children <i>continue exploring the theme, God gives us water and juice.</i></p>	<div>  Surprise Boxes         </div> <div>  Drip, Drop         </div> <div>  Watercolor Art         </div> <p><b>Saying Good-bye or Transition to Extra Hour</b></p>	<ul style="list-style-type: none"> <li>• surprise boxes prepared in lesson 4</li> <li>• umbrella</li> <li>• roll paper, coffee filters, powdered drink mixes, brushes, containers with water</li> <li>• modeling dough, baby dolls, bottles, small spoons, CD <i>Family Together Time</i> issue 13</li> </ul>	<p> <b>Puppet Fun</b></p> <p>Teddy's Sippy Cup</p> <p> Washing Dishes</p> <p> Tantalizing Taste</p> <p> Squish Bag Fun</p> <p><b>Saying Good-bye</b></p>	<ul style="list-style-type: none"> <li>• Teddy the bear puppet, sippy cup</li> <li>• 2 plastic tubs, water, dish soap, towels, plastic aprons, toy dishes, small sponges</li> <li>• clear pitcher, water, powdered drink mix, spoon, sippy cups</li> <li>• squish bags, fish stickers, CD Girl and Juice printable file, large crayons</li> <li>• CD <i>Family Together Time</i> issue 13</li> </ul>

## Activity Time (25–30 minutes)

Do these activities with individual children or a few children at a time to help children **explore the theme, God gives us water and juice.**

### Focus

♥ God gives us water and juice.

### Welcome

- Welcome each child by name.
- Follow check-in procedures (name and security tags, etc.).
- Play quiet music in the background (tracks 9 and 10).
- Lead each child to an activity.

### Unit 3 Activities

Use these activities anytime during your session. Children will enjoy doing them each week.

Poster: Before class, display the unit 3 poster in your room. Ask children to point to the water and juice. SAY: ♥ **God gives us water and juice. Do you like to drink water?**

Books and puzzles: Use the *God Gives Us Food* board book and other books and puzzles that show food God made. Look at books with interested children, and help children do puzzles. Talk about God giving us food.

“God Gives Us Food” song: Before class, display the unit 3 song poster in your room. Play “God Gives Us Food” from the CD. Sing with individual children or small groups.

### Grocery Store

Before class, set up an area of the classroom like a little grocery store. Stock the shelves with a variety of empty juice and water containers.

Show children how to go shopping and put the juice and water containers in paper bags. SAY: **God gives us food. ♥ God gives us water and juice.**

As they pick up an item, say its name. Encourage children to repeat the name. SAY: **You’ve chosen grape juice! Thank You, God, for grape juice!** Talk about drinking juice at lunchtime. **You’ve chosen some water. Our Bible tells us that God gives us water and God gives us food.** Invite verbal children to say the Bible Words with you.

*1s will* put items into bags.

*2s will* do the above, name the items, and say the Bible Words.

### Water, Water Everywhere

Fill a tub with a couple of inches of water. Put the tub on a large towel. SAY: **God gives us food. And ♥ God gives us water.** Roll up the children’s sleeves and cover their clothes with plastic aprons. Let them have fun playing in the water, using funnels, cups, and other items for pouring. **The water feels good. We can play in the water. I’m glad that ♥ God gives us water.** Have extra towels available.

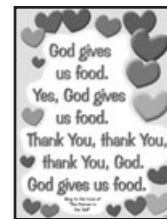
*1s and 2s will* enjoy pouring and playing with water.

### Bible Words

“God gives us food” (based on Psalm 136:25).

### Materials

sheet 2 unit 3 poster, sheet 6 unit 3 song poster, *God Gives Us Food* board book, CD track 5, books and puzzles, CD player



### Materials

variety of empty juice boxes and water bottles with caps on tight, paper bags (or toy shopping baskets)



### Materials

plastic tub; water; towels; plastic aprons (or cover-ups); funnels, cups, and other containers for pouring



Ask parents or caregivers of children who wear hearing devices that cannot get wet if there is a way to modify this activity for their child.

### Transition to Bible Time

- Use a cleanup song or signal, to transition to Bible Time.

## Focus

♥ God gives us water and juice.

## Bible Time (shorter version: 5-10 minutes)

Use this Bible Time or the longer version found on the unit pages to help children **know that God gives us water and juice.**

### Materials

Teddy the bear puppet, hand mirror, Bible, CD track 1, CD player, empty water bottle, empty juice box



### Tips About Bible Time

The song "Oh, I Love to Pat the Bible" is recorded on the CD.

Call Teddy by name. Children will love to hear the name of their furry friend!



Read Special Needs Tips in the CD Special Needs folder for how to use Bible Time with children who have special needs.

After children have gathered for Bible Time, sing this song several times as each child pets or hugs Teddy the bear puppet:

(tune: "The Farmer in the Dell")

**I like to go to church. I like to go to church.**

**With all the other boys and girls, I like to go to church.**

At the end of the song, clap and ask everyone to clap. SAY: **We're so glad to be at church! We're glad you're at church today! Hold the mirror in front of a child. We're so glad \_\_\_\_ is at church today. And we're so glad \_\_\_\_ is at church today.** Do this with each child, using each child's name.

Show your Bible. ASK: **What is this?** Children should say "Bible." SAY: **We love our Bible. It tells us about God. Let's pat our Bible.** Hold the Bible in front of each child. Let each pat the Bible while singing "Oh, I Love to Pat the Bible" (track 1) several times:

(tune: "Did You Ever See a Lassie?")

**Oh, I love to pat the Bible, the Bible, the Bible.**

**Oh, I love to pat the Bible, for it is God's Word.**

SAY: **Our Bible tells us that ♥ God gives us water.** Show children the empty water bottle. Let each child hold the water bottle while singing this song:

(tune: "Here We Go 'Round the Mulberry Bush")

**God is so good, He gives us water,**

**Gives us water, gives us water.**

**God is so good, He gives water. Thank You, God.**

SAY: **♥ God gives us juice.** Show children the empty juice box. Let each child hold the juice box while singing this song:

(tune: "Here We Go 'Round the Mulberry Bush")

**God is so good, He gives us juice,**

**Gives us juice, gives us juice.**

**God is so good, He gives us juice. Thank You, God**

SAY: **The Bible tells us that God gives us food.** Encourage verbal children to say the Bible Words with you. Hold the mirror in front of each child. **♥ God gives you water and juice to drink, \_\_\_\_.** PRAY: **Thank You, God, for giving us water and juice to drink. In Jesus' name, amen.** Encourage children to say the prayer with you. Have Teddy say good-bye as each child pets or hugs the puppet.

## Discovery Time (15–20 minutes)

Do these activities with individual children or a few children at a time to help children **continue exploring the theme, God gives us water and juice.**

### Focus

♥ God gives us water and juice.

### Surprise Boxes

Encourage children to open the boxes and look at the pictures. ASK: **What do you see?** Encourage verbal children to respond. SAY: **It's a glass of juice. Do you like juice? Juice is so yummy. ♥ God gives us juice.**

*1s will* open the boxes, look inside, and possibly name some food.

*2s will* do the above and respond to questions.

### Drip, Drop

Hold an umbrella over your head. SAY: **I think it's going to rain. When it rains, ♥ God gives us water.** Invite some children to stand under the umbrella with you. **Here comes the rain.** Say the following slowly, and encourage children to do the motions with you:

**Drip, drip, drip, drip,** (tilt head back and forth)

**Water is falling down.** (wiggle fingers up and down)

**Drip, drip, drip, drip,** (tilt head back and forth)

**Rain is falling on my head.** (put hands on head)

**Drip, drip, drip, drip,** (tilt head back and forth)

**I'm getting all wet!** (clap hands)

Repeat as long as children are interested.

*1s will* stand under the umbrella and may do some motions.

*2s will* do the above and try to say some of the rhyme.

### Watercolor Art



The simplicity of this craft ensures that everyone takes home a masterpiece, regardless of skill level!

SAY: ♥ **God gives us water to drink. And we can use water to make pretty pictures!** Put a long piece of roll paper on the table where children will work. Lightly flatten a coffee filter for each child and sprinkle a little powdered drink mix in the center of each one. Show children how to dip their brushes in the water and paint the filters. **What color do you see? Do you smell something?** Encourage verbal children to respond to questions. **I'm glad ♥ God gives us water so we can make these pretty pictures.** The filters will need to dry before sending them home with the children.

*1s will* enjoy painting with water.

*2s will* do the above and identify colors and smells.

### Saying Good-bye

- For children who are leaving, give parents craft activities and copies of *Family Together Time* issue 13 from the CD. Note: *Family Together Time* is also available online for families to download. See [www.heartshaper.com](http://www.heartshaper.com).
- Tell parents something their children enjoyed. Tell each child good-bye.

### Materials

surprise boxes prepared in lesson 4



### Materials

umbrella



### Materials

roll paper, white coffee filters, unsweetened powdered drink mix in various colors, brushes (or cotton swabs), containers with a small amount of water



### Teaching Tip

Use a hair dryer to speed up drying time.

### Transition to Extra Hour

- Greet new children and have another adult engage children in activities away from the door.
- Continue Discovery Time choices.
- Let children play with modeling dough. Show them how to shape the dough to look like food.
- Show children how to feed baby dolls. Provide bottles and small spoons.

## Focus

♥ God gives us water and juice.

# Extra Hour Activity and Bible Time

(25–35 minutes)

Do these activities with individual children or a few children at a time to help children **explore the theme, God gives us water and juice.**

## Bible Words

“God gives us food” (based on Psalm 136:25).

## Materials

toy food, dishes  
(optional: kitchen center)



## Materials

CD *Family Together*  
*Time* issue 13



## Materials

Teddy the bear puppet,  
Bible, mirror, CD tracks  
1 and 6, *God Gives Us Food*  
board book, water bottle (or  
juice box), CD player



## Tips About Bible Time

The songs “Oh, I Love to Pat the Bible” and “I Like Food” are recorded on the CD.

Call Teddy by name. Children will love to hear the name of their furry friend!

## Welcome

- Welcome new children by name.
- Follow check-in procedures (name and security tags, etc.).
- Check and change diapers and/or have restroom time.

## Unit 3 Activity Kitchen Fun

Allow children to play with a variety of toy food items. Encourage them to make lunch. SAY: **Let’s have some water and juice with our lunch today! I’m glad that ♥ God gives us water and juice.**

## “Are You Thirsty?”

Sing the song from *Family Together Time*. Invite children to clap their hands with you. Use a cleanup song or signal to transition to Bible Time.

## Bible Time

Use this Bible Time, the one from first hour, or the longer version found on the unit pages.

Sing this song as each child pets or hugs Teddy the bear puppet:  
(tune: “The Farmer in the Dell”)

**I like to go to church. I like to go to church.**

**With all the other boys and girls, I like to go to church.**

At the end of the song, clap and ask everyone to clap. SAY: **We’re glad to be at church! We’re glad you’re at church today! Hold the mirror in front of a child. SAY: We’re glad \_\_\_\_ is at church today. And we’re glad \_\_\_\_ is at church today.** Do this with each child, using each child’s name.

Show your Bible. ASK: **What is this?** Children should say “Bible.” SAY: **We love our Bible. It tells us about God. Let’s pat our Bible.** Hold the Bible in front of each child. Let each pat the Bible while singing “Oh, I Love to Pat the Bible” (track 1) several times:  
(tune: “Did You Ever See a Lassie?”)

**Oh, I love to pat the Bible, the Bible, the Bible.**

**Oh, I love to pat the Bible, for it is God’s Word.**

Read the *God Gives Us Food* board book. Sing “I Like Food” (track 6) and let children hold a water bottle while singing:  
(tune: “Mary Had a Little Lamb”)

**I like water, nice cool water,**

**Nice cool water, nice cool water.**

**I like water, nice cool water.**

**Thank You, God, for water.**

SAY: ♥ **God gives us water and juice. And God gives us food. PRAY: Thank You, God, for giving us water and juice. In Jesus’ name, amen.** Encourage children to say the prayer with you. Have Teddy say good-bye as each child pets or hugs the puppet.

## Extra Hour Discovery Time (20–25 minutes)

Do these activities with individual children or a few children at a time to help children **continue exploring the theme, God gives us water and juice.**

### Focus

♥ God gives us water and juice.

### Puppet Fun Teddy's Sippy Cup

Go to individual children or to small groups of children with Teddy. SAY: **Hi! My name is Teddy. I'm thirsty! May I have a drink, please?** Give Teddy a sippy cup and let him drink. **Yum! Apple juice! I like apple juice. Do you like apple juice? Let's clap for apple juice!** Clap Teddy's hands. **I'm glad ♥ God gives us juice!**

### Washing Dishes

Fill a tub with two inches of water and a small amount of soap. Put the tub on a towel. Set the empty tub next to the one filled with water. SAY: **God gives us food. And ♥ God gives us water.** Roll up the children's sleeves and cover their clothes with aprons. **Let's use this water to wash dishes.** Show children how to use a sponge to wash the dishes. Children can put clean dishes in the empty tub. Older children may enjoy drying the dishes.

SAY: **We can wash dishes in water. I'm glad that ♥ God gives us water.**

Have extra towels available.

*1s* will play in the water and try to wash dishes.

*2s* will do the above and dry some dishes.

### Tantalizing Taste

Fill a clear plastic pitcher with water. SAY: **♥ God gives us water.** Give children water in sippy cups. **Water is good to drink when we're thirsty. But sometimes it's good to drink juice. We can turn this water into good juice.** Add drink mix according to directions and stir. Let children take turns helping to stir. Then pour a drink for each child. Encourage children to say "juice." Talk about the new color, taste, and smell. **I'm glad that ♥ God gives us water and juice!**

*1s and 2s* will have fun stirring and enjoy tasting water and juice.

### Squish Bag Fun



This sensory-play activity involves lots of tactile stimulation and is an excellent choice for children with special needs who crave touch.

Before class, print copies of the coloring page from the CD.

Give children the prepared squish bags. Show them how to feel and squish the bags. SAY: **This looks like water. ♥ God gives us water.** Let children add fish stickers to the bags. Talk about how fish live in water. Talk to the children while they scribble-color the coloring page. **This girl is drinking some water or juice. I'm glad ♥ God gives us water and juice.**

*1s and 2s* will squish the bags, add stickers, and scribble-color.

### Saying Good-bye

• Give parents copies of *Family Together Time* issue 13 from the CD and craft activities their children may have done. Note: *Family Together Time* is also available online for families to download. See [www.heartshaper.com](http://www.heartshaper.com). Tell each child good-bye.

#### Materials

Teddy the bear puppet, sippy cup



#### Materials

2 plastic tubs, water, liquid dish soap, towels, plastic aprons (or cover-ups), toy dishes, small sponges (or cut sponges into small pieces)



#### Materials

clear plastic pitcher, water, presweetened powdered drink mix, spoon, sippy cups (or small paper cups)



#### Materials

squish bags, fish stickers, CD Girl and Juice printable file, large crayons



#### Squish Bags Tips

You can use a variety of things to make the bags: blue shaving gel, cornstarch with blue food coloring, blue gelatin that's not too firm, vegetable oil with blue food coloring, etc. Put the squish material in small resealable plastic bags and close. Put these bags into larger resealable bags and close. Close securely with heavy tape.